

THE MAPLEWOOD

MENU

BREAKFAST

LUNCH

DINNER

ALWAYS SERVED MENU




The items on the following pages are available every day. Our chefs cook everything made-to-order to deliver the best quality. Whenever possible, we use local ingredients to prepare these dishes.




FARM TO TABLE MENU



In addition to the items on our *Always Served Menu*, we are pleased to offer a Farm to Table Menu, which highlights ingredients from local farms.



The Farm to Table Menu changes every couple of weeks to provide an interesting variety of offerings.

STARTERS

WHITE BEAN HUMMUS · \$7
House made white bean hummus served with
choice of fresh vegetables and/or tortilla chips
150 Calories   

SHRIMP COCKTAIL · \$10
Five large shrimp poached in lemon,
white wine broth, chilled and served
with lemon and cocktail sauce
200 Calories   

HAPPENINGS BONELESS WINGS · \$8
One dozen boneless wings tossed
in choice of BBQ or Buffalo sauce, served
with celery and blue cheese dressing
Gluten free option available 
Calories: BBQ: 950, Buffalo: 1000 

QUESADILLA · \$9
Crispy seared tortilla filled with diced breast of
chicken, peppers, onions and cheddar,
served with sour cream and salsa
910 Calories  



SOUP AND SALADS


Add grilled or crispy chicken: \$3, tofu: \$3 or five shrimp: \$4

SOUP
Choice of chicken noodle, tomato or soup du jour
Cup \$4, Bowl \$6

SIDE SALAD · \$2
30 Calories (without dressing)  

HOUSE SALAD · \$7
Spring mix greens topped with grape tomatoes,
onions, shredded carrots and cucumbers
40 Calories (without dressing)   

CAESAR SALAD · \$6
Crisp romaine tossed with Parmesan and
Caesar dressing and topped with croutons
390 Calories  

ASIAN SALAD · \$7
Spring mix greens, mandarin oranges,
carrots, almonds and sesame seeds
tossed with Asian dressing
640 Calories 


SIDES · \$2

FRENCH FRIES · 340 Calories 
SWEET POTATO FRIES · 320 Calories
ONION RINGS · 250 Calories

MASHED POTATOES · 180 Calories 
SIDE SALAD · 20 Calories  

 Gluten Free

 Vegan

 Heart Healthy

 Contains Shellfish

 Contains Dairy

 Spicy

Calorie counts are approximate.

*Many of our dishes can be prepared vegan, gluten free and
to accommodate food allergies - please talk to your server.*

Please note that gluten free and other special preparation may require extra time.

SANDWICHES

All sandwiches are served with a choice of one side:
French fries, sweet potato fries, mashed potatoes, seasonal vegetables, side salad or cup of soup

BUILD YOUR OWN DELI · \$7

Choose your bread, protein, cheese and condiments.


Breads: White, wheat, rye, kaiser roll or garlic herb wrap

Calories: white, wheat and rye: 70 per slice, kaiser roll: 270, wrap: 310

Meats/Proteins: Ham, turkey, egg salad, tuna salad or chicken salad

Calories: ham: 140, Turkey: 100, egg salad: 300, tuna salad: 200, chicken salad: 200

Cheeses: American, Swiss, provolone or cheddar


Calories: American: 60, Swiss 80, provolone: 80, cheddar: 110 

Condiments: Lettuce, tomato, onion, bacon, black olives, mayonnaise, mustard, honey mustard or ranch

Calories: bacon: 40 per slice, mayonnaise: 90, mustard: 20, honey mustard: 200, ranch: 190

DANNY'S PUB BURGER · \$9



Grass fed beef burger topped with American cheese, lettuce, tomato and onion on a brioche bun

665 Calories 

VEGETABLE BURGER · \$9

Served on a kaiser roll or gluten free roll

Calories: burger only: 130, kaiser roll: 210,

gluten free roll: 210  

GRILLED CHEESE · \$7

Served on hearty white bread

370 Calories 

MAPLEWOOD CLUB · \$8

Triple decker sandwich with turkey, ham, bacon, lettuce and tomato served on

your choice of white, rye or wheat bread

580 Calories (without mayo)

HOT DOG · \$9

Nathans all beef hot dog served on a bun

390 Calories

ENTRÉES

All entrées are served with soup or a side salad.

SPAGHETTI AND MEATBALLS · \$12

Pasta with tomato sauce topped with meatballs

510 Calories

SAUTEED CHICKEN · \$15

Searched chicken breast topped with cheddar cheese, served with mashed potatoes and vegetable of the day

970 Calories  

CHOPPED STEAK · \$16

Ground beef topped with mushroom onion gravy - made with locally sourced non GMO, all natural, hormone free beef

400 Calories 

DESSERTS

TODAY'S DESSERTS · \$4

Ask your server about today's offerings or have a look for yourself in our dessert display case

ICE CREAM SUNDAE · \$3

Your choice of chocolate, vanilla, strawberry or the flavor of the day topped with whipped cream, sprinkles and a cherry on top

BREAKFAST

All breakfasts are served with side of bacon, sausage or ham.


TWO EGGS, ANY STYLE · \$4

Made to order cage-free eggs. Choice of over easy, scrambled, poached or sunny-side-up.
150 Calories 

TOFU SCRAMBLE · \$3

Tofu with cooked with peppers and onions
210 Calories  


PANCAKES - PLAIN OR CHEF CHOICE

Short stack (two), \$3 Tall stack (three), \$4
Calories: short stack: 210, tall stack: 315 

TEXAS STYLE FRENCH TOAST

Short stack (two), \$3 Tall stack (three), \$4
Vegan french toast available by request 
Calories (without syrup): short stack: 250, tall stack: 325 


BELGIAN STYLE WAFFLE · \$5

Topped with butter and maple syrup or fruit and whipped cream
Calories: waffle: 244, butter: 100 (per packet),  syrup: 120, fruit: 110, whipped cream: 25

HOT CEREALS · \$1.50

Cream of wheat or oatmeal
150 Calories

COLD CEREALS · \$1.50

Cheerios, Frosted Mini Wheats, Rice Krispies, Raisin Bran or Corn Flakes
Calories (without milk): Cheerios: 60, Frosted Mini Wheats: 120, Rice Krispies: 70, Raisin Bran: 140, Corn Flakes: 100
Cheerios and Rice Krispies 

BREAKFAST SIDES · \$1.50

BACON (TWO) · 90 Calories 

SAUSAGE (TWO) · 210 Calories 

HAM STEAK · 100 Calories 

ENGLISH MUFFIN · 120 Calories

BAGEL · 290 Calories, cream cheese: 70 Calories

FRESH FRUIT · 65 Calories   

½ GRAPEFRUIT · 50 Calories   

TOAST · Calories vary by type
(white, whole wheat, cinnamon raisin or rye)

HASH BROWNS · 260 Calories 

YOGURT · 130 Calories  

BEVERAGES

COFFEE & TEA

We proudly serve complementary McCullagh Coffee, locally roasted since 1867.
Ask your server about today's choices

JUICE

Complementary with menu item purchase.
Without menu item purchase, \$1
Choice of apple, orange juice or cranberry juice

SOFT DRINKS

We proudly serve Coca-Cola products.
Complementary with menu item purchase.
Without menu item purchase, \$1

SPIRITS

Fully stocked bar. Prices vary based on selection.

BEER

Domestic bottled, \$3.50 Imported bottled, \$4.50

WINE · \$5 PER GLASS

Lindeman's Bin 65 Chardonnay – Australia
Light to medium bodied with excellent varietal flavors of melon and white peach, \$15 bottle

Caposaldo Pinot Grigio – Italy
Fresh-tasting with just the right amount of honeydew melon fruit and a clean finish, \$15 bottle

Beringer White Zinfandel – California
Fresh red berry, citrus and melon aromas with subtle hints of nutmeg and clove, \$15 bottle

Lindemans Merlot – California
Soft, silky texture with flavors of plum, cherry and raspberry, \$18 bottle

Mirassou Cabernet Sauvignon - California
Balanced flavors of blackberry and black current with hints of vanilla, \$18 bottle